

DO YOUR SHARE FOR CLEANER AIR  
**AIR QUALITY FORECAST AND ACTION GUIDE**

	<b>AIR QUALITY</b>	<b>WEATHER CONDITIONS</b>	<b>RECOMMENDED ACTIONS</b>
<b>CODE PURPLE</b>	<b>VERY UNHEALTHY</b>	<ul style="list-style-type: none"> <li>• Hot (mid 90s to 100s), hazy, and humid</li> <li>• Stagnant air, little or no wind</li> <li>• Little chance of rain</li> <li>• Stationary high pressure system with sunny skies</li> <li>• Multi-day event with high pollutant levels</li> </ul>	<p><b>Actions to Protect Your Health:</b></p> <ul style="list-style-type: none"> <li>• People with respiratory or heart ailments, children, and older adults should avoid outdoor physical activities.</li> <li>• Everyone else should avoid prolonged or heavy exertion outdoors.</li> </ul> <p><b>Actions to Reduce Air Pollution:</b></p> <ul style="list-style-type: none"> <li>• Limit driving and engine idling. Refuel cars after dark.</li> <li>• Share a ride, telework from home, use transit, or drive only the best maintained, most fuel-efficient vehicle.</li> <li>• Conserve electricity and set your air conditioner at a higher temperature.</li> <li>• Avoid mowing lawns with gas-powered mowers.</li> <li>• Put off any painting until later.</li> <li>• Don't use aerosol consumer products.</li> </ul>
<b>CODE RED</b>	<b>UNHEALTHY</b>	<ul style="list-style-type: none"> <li>• Hot (mid 90s to 100s), hazy, and humid</li> <li>• Stagnant air, little or no wind</li> <li>• Little chance of rain</li> <li>• Stationary high pressure system with sunny skies</li> </ul>	<p><b>Actions to Protect Your Health:</b></p> <ul style="list-style-type: none"> <li>• Children should reduce outdoor activities.</li> <li>• Healthy individuals should limit strenuous outdoor work or exercise.</li> <li>• Individuals with respiratory or heart ailments should limit their outdoor activities.</li> </ul> <p><b>Actions to Reduce Air Pollution:</b></p> <ul style="list-style-type: none"> <li>• Limit driving and refuel cars after dusk.</li> <li>• Share a ride, telework from home, use transit, or drive only the best maintained, most fuel-efficient vehicles.</li> <li>• Avoid mowing lawns with gasoline-powered mowers.</li> <li>• Put off any painting until later.</li> <li>• Don't use aerosol consumer products.</li> </ul>
<b>CODE ORANGE</b>	<b>UNHEALTHY FOR SENSITIVE GROUPS</b>	<ul style="list-style-type: none"> <li>• Temperatures in the upper 80s to low 90s</li> <li>• Light winds</li> <li>• Slow moving high pressure system with sunny skies</li> </ul>	<p><b>Actions to Protect Your Health:</b></p> <ul style="list-style-type: none"> <li>• Sensitive Groups – children and active adults, people with respiratory disease, such as asthma and emphysema and heart ailments should limit prolonged outdoor physical activity.</li> </ul> <p><b>Actions to Reduce Air Pollution:</b></p> <ul style="list-style-type: none"> <li>• Limit driving and refuel cars after dusk.</li> <li>• Avoid using aerosol consumer products.</li> <li>• Share a ride, telework from home, use transit, or drive only the best maintained, most fuel-efficient vehicles.</li> </ul>
<b>CODE YELLOW</b>	<b>MODERATE</b>	<ul style="list-style-type: none"> <li>• Mid summer temperatures (upper 70s to mid 80s)</li> <li>• Light to moderate winds (15 knots or less)</li> <li>• High pressure system with partly cloudy or sunny skies.</li> </ul>	<p><b>Actions to Protect Your Health:</b></p> <ul style="list-style-type: none"> <li>• Unusually sensitive people should consider reducing prolonged or heavy exertion outdoors.</li> </ul> <p><b>Actions to Reduce Air Pollution:</b></p> <ul style="list-style-type: none"> <li>• Consolidate trips and errands.</li> <li>• Limit car idling when possible.</li> <li>• Conserve electricity and set air conditioners to 78 degrees F°.</li> </ul>
<b>CODE GREEN</b>	<b>GOOD</b>	<ul style="list-style-type: none"> <li>• Cool summer temperatures (mid 70s to low 80s)</li> <li>• Windy conditions (15-20 knots or higher)</li> <li>• Heavy steady rain</li> <li>• Passing cold front carries pollution out of area</li> </ul>	<p><b>Actions to Protect Your Health:</b></p> <ul style="list-style-type: none"> <li>• No health effects are associated with this range.</li> </ul> <p><b>Actions to Reduce Air Pollution:</b></p> <ul style="list-style-type: none"> <li>• Carpool, use public transit, bike, or walk.</li> <li>• Keep cars and boats tuned.</li> <li>• Use environmentally safe paints and cleaning products.</li> </ul>