



ORTHOPAEDIC SURGERY
SPINE SURGERY
ARTHROSCOPIC SURGERY
HAND SURGERY
JOINT REPLACEMENT
FRACTURE CARE
PHYSICAL THERAPY

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Dear 2011 Viking Football Players and Parents,

I am pleased to introduce myself again as the team physician for the Viking Football team. This will be my seventh year with the team. My partners and I really enjoy caring for the student-athletes and look forward to another successful season. As an introduction, we have extensive experience in game coverage, and have cared for athletes on professional and college football teams including the Baltimore Ravens, Pittsburgh Steelers, and Maryland Terrapins.

My subspecialty training is in hand and upper extremity surgery, and as a group, we have subspecialists in most areas of orthopaedic surgery. I will be on the sideline for every game, to evaluate and treat any injuries that may occur. Obviously, some injuries require more than just sideline treatments. For that reason, we hold a **Black and Blue Clinic** so players can be evaluated in an office setting during the week. To access this service, please call the office in Kensington and reference "**Whitman Football**" or "**Black & Blue Clinic**" so that you will be seen in a timely fashion. There, we will have the resources (X-ray, casting materials, braces, etc.) to more completely evaluate and treat these injuries.

Our office staff will make every effort to work players in on an "add-on" basis. Our office participates with most area insurance plans. You may call the office at 301-949-8100 for details on this matter. Additionally, our website (www.montgomeryorthopaedics.com) is a good resource for more information about our practice, as well as common orthopaedic injuries and conditions.

I am looking forward to another healthy and successful season... and please don't hesitate to contact me with any questions or concerns.

Go Vikings!

Harrison Solomon, MD