

SHEPHERD UNIVERSITY

FOOTBALL 7 ON 7, BIG MAN COMPLETION

JULY 27TH- JULY 29TH 2017

Dear Coach,

The 2017 football season will be here very soon. We realize you are making plans for the season. Our passing jamboree camp offers the ability to teach individual skills, group concepts and team cohesion.

We feel that attending camp as a team will provide you with several advantages: team unity, conditioning prior to your pre-season, advance skill training, and the experience of working with high school players and coaches from other schools.

Our facilities at Shepherd University are outstanding. The weight room will be available to your players. We will provide "all you can eat" meals. At night our camp staff will have clinic session available for the coaches.

Your price will include: coaching from Shepherd University Staff, "all you can eat" meals daily, and room accommodations.

Please consider this opportunity. If you have any interest or questions concerning the team camps, give me a call. We will have a camper limit so please register early. **Cost is 315.00 per camper checks payable "FVFF"**

Sincerely,

Ernie McCook
 Assistant Football Coach & Camp Director
emccook@shepherd.edu cell 304-671-1281

Day One

11:00 – Noon Team Check-in
 12:15 – 1:15pm Lunch on Campus Camp Meeting for introduction & organization of 7 on 7 schedule
 1:45 – 3:15pm Competition #1 Ram Shootout
 4:45 – 5:45pm Dinner on Campus
 6:15 – 7:30pm Instruction #2
 7:30 – 8:30pm Competition #2 Blue Gold Shootout
 8:45pm Recognized Champions from Blue Gold Shootout & Ram Shootout
 11:00pm Lights out

Day Two

7:00am Wake Up
 7:00 – 8:00am Breakfast
 9:00 – 10:30am Instruction #3
 10:30 – 11:30am Competition #3 Gridiron 7 on 7 Shootout
 Noon – 1:00pm Lunch
 2:00 – 3:30pm Instruction #4
 3:30 – 4:30pm Competition #4 SU Air Raid 7 on 7 Shootout
 4:45 – 5:45pm Dinner on campus
 6:15 – 7:30pm Instruction #5
 7:30 – 8:30pm Competition #5 SU Air Assault 7 on 7 Shootout
 8:45pm Recognized Champions from previous 7 on 7 competitions
 11:00pm Lights out

Day Three

7:00am Wake Up
 7:00 – 8:00am Breakfast
 8:30 – 10:30am Instruction #6
 10:30 – 11:30am Competition #6 SU Air assault 7 on 7 Superbowl
 11:30 – 12:30pm Lunch
 12:30 – 1:10pm Checkout

CAMP OBJECTIVES

The Shepherd Football Camp is a simulated college camp that stresses individual fundamentals and 7 on 7 play. We have several basic goals at the camp.

- Develop and refine individual skills and techniques of the High School player passing game.
- Each player to reach their full potential.
- To give each player a college level experience that allows the player to understand the intensity and attention to detail



General Information

This is an overnight Camp
 Camp Dates: TBD
 Grade Level 9th through 12th
 Camp Fee – 315.00

Required Forms

- Insurance Authorization
- Parent Consent

Housing & Meals - Campers will sleep in University residence hall and eat in the University dining facility

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Player Information

Name: _____ Phone: _____

Address: _____

City/State/Zip: _____

High School: _____ Grade in fall 2015: _____

Offensive Position: _____ Defensive Position: _____

Height: _____ Weight: _____ Tee Shirt Size: _____

Required Forms: Insurance Authorization & Parent Consent

